I am very sorry if you are waiting to see me.

I do believe in the NHS with equal healthcare access for all. However, I continue to be frustrated by the limitations to funding, and hence time, to care for everyone. This allows each of us around seven minutes of face to face discussion within each ten minute appointment slot.

1. Please could you help me by listing all the problems you want to address:

And how long you have had each one……

1. Which of these is the most important one that you definitely want to deal with today:
2. What do you feel might be the cause of this problem?
3. Is there anything you are concerned it might be?
4. What would you like to achieve from your appointment today?

Please give this sheet to me when you come into your appointment.

You can leave this with me, keep this or destroy this afterwards as you wish

Thankyou for your help. Please let me know if you are not satisfied with your consultation so I can address this later if we run out of time

Dr Mark Rickenbach